

What About MY CML

A GUIDE TO TALKING WITH YOUR DOCTOR ABOUT CML.

If you're not responding to your medication for chronic myeloid leukemia (CML) or you're experiencing unmanageable side effects, don't keep it to yourself. Fill out the first 4 statements below and share your answers with your doctor.

- 1 Number of times I have had to change or cancel plans with family and friends in the last month due to side effects of my CML medication and why: _____
- 2 Number of times I needed help with routine chores in the last month due to feeling fatigued from my CML: _____
- 3 Number of times I had to miss work in the past month due to side effects of my CML medication and why: _____
- 4 Sometimes I find it difficult to take my CML medication: _____ Yes _____ No
If yes, why? _____

Make sure to ask your doctor questions 5 and 6.

- 5 What is the trend of my *BCR-ABL1* levels over the last year?
_____ *BCR-ABL1* levels have been decreasing
_____ *BCR-ABL1* levels have stayed about the same
_____ *BCR-ABL1* levels have been increasing
- 6 If my *BCR-ABL1* level has been increasing, do you think I may have a gene mutation?
_____ Yes _____ No

Depending on the responses to these statements and questions, your doctor may decide if it's appropriate to adjust the dose of your medication or recommend another treatment option.

